

HOT FOOD

gms

SB	H	😊	Pasta Spirals - Bolognese	250	3.80
LB	H	😊	Lasagna Beef (Pre cut)	250	4.30
LV	H	😊	Lasagna Vegetarian (Pre cut)	250	4.30
RB		😊	Ravioli Beef - in Bolognese	250	4.30
SRR	H	😊	Ravioli Spinach & Ricotta Napoli	250	4.30
PWM		😊	Hot Wrap Margherita (lite ham)	180	3.80
PWH		😊	Hot Wrap Hawaiian (lite ham)	180	3.80
PZZI	H	🟡	Pastizzi - Spinach and Ricotta	each	1.50
PM	H	🟡	Margherita Pizza - Lite ingr	190	4.00
PHC		🟡	Ham and Cheese Pizza - Lite ingr	190	4.00
PH		🟡	Hawaiian Pizza - Lite ingr	190	4.00
PV	H	🟡	Vegetarian Pizza - Lite ingr	190	4.00

SANDWICHES

Code			Roll		
S	😊	Salad <i>Lettuce, cuc, tom, carrot</i>	3.20	3.60	
CH	😊	Lite cheese	3.00	3.40	
CHS	😊	Lite cheese and salad	3.50	3.90	
CHT	😊	Lite cheese and tomato	3.20	3.60	
H	😊	Ham (Lean)	3.20	3.60	
HCHT	😊	Lean Ham, cheese and tomato	3.80	4.20	
HS	😊	Lean Ham and salad	4.00	4.40	
T	😊	Tuna	3.20	3.60	
TS	😊	Tuna and salad	3.80	4.20	
C	😊	Roast chicken	3.50	3.90	
CS	😊	Roast chicken and salad	4.00	4.40	
EL	😊	Egg and lettuce	3.20	3.60	
EC	😊	Egg curried	3.20	3.60	
V	🟡	Vegemite	1.60	2.00	
PL	😊	Plain - with or without butter	1.40	1.80	
AM	🟡	Mayonnaise - Light	0.20	0.20	
AC	😊	Light Cheese - as an extra	0.50	0.50	



COELIAC? For options please call 0439 844 020

We only use FREE RANGE EGGS 

All information correct at time of printing. Subject to change without notice.

EXTRAS

gms

FFS	😊	Fresh Fruit Salad	200	3.00
GS	😊	Garden Salad	200	3.00
FYB	🟡	Frozen Fruit'n'Yoghurt Berry	100	2.20
FYT	🟡	Frozen Fruit'n'Yoghurt Tropical	100	2.20
SPCP	😊	SPC Diced Peaches	140	1.80
SPCA	🟡	SPC Apple and Strawb Puree	140	1.80
VC	🟡	Vanilla Custard	140	1.50
JF	🟡	Jelly with fruit	140	1.50
YB	😊	Yoghurt 99% fat free Berry	200	2.00
YT	😊	Yoghurt 99% fat free Tropical	200	2.00
PC	😊	Popcorn Cheese	25	1.50
PT	😊	Popcorn Traditional	25	1.50
PB	🟡	Pito's Low fat pita snacks BBQ	50	2.20
FM	🟡	Fruit Berry Muffin	110	2.00
ABM	🟡	Apple Bran Muffin	110	2.00

SUSHI (includes soy)

NRA	😊	Nori Roll - Avocado	ea	2.50
NRC	😊	Nori Roll - Teriyaki Chicken	ea	2.50
NRT	😊	Nori Roll - Cooked Tuna	ea	2.50

DRINKS

mls

W3	😊	Small Water	350	1.00
W6	😊	Large Water	600	1.50
MPL	😊	Plain Milk	200	1.50
BMS	😊	Strawberry Milk	250	2.00
BMC	😊	Chocolate Milk	250	2.00
SOY	😊	Soy Milk - Chocolate	250	2.50
LAC	🟡	Lactose Free Milk - Choc	250	2.50
AJ	🟡	Apple Juice 98%	250	1.50
OJ	🟡	Orange Juice 98%	250	1.50
ABC	🟡	Apple Blackcurrant Juice 98%	250	1.50



Lunch Bag (if not provided)

0.10



Items are category GREEN can be consumed everyday



Items are HALAL suitable



Items are category AMBER select carefully

M
E
N
U